

# MEASUREMENT GUIDE



## **MEASUREMENT TIPS**

Please note; these numbers are based on <u>your</u> body measurements, some garments may vary in size specifications depending on the style & ease allowance, but they will still fit the body size indicated. Please follow the below tips and match your measurements in the correct size bracket on chart below for an accurate fit. We recommend if you are in between sizings you should go down a size rather than up as most garments are generous in fit.

# **BUST/CHEST**

Measure around the fullest part of the bust and keep the tape measure up under the arms and around the shoulder blades.

## WAIST

Measure around the waist keeping one finger between the tape and your body.

#### HIPS

Standing naturally, measure around the fullest part of the hips (around 22cm down from the waist).

# NECK

Measure around base of neck at thickest part. If in between sizes, we recommend to go for the bigger size.



## LADIES MEASUREMENT GUIDE

SIZE:	4	6	8	10	12	14	16	18	20	22	24	26
Bust: (cm)	76	81	86	91	96	101	106	111	118	125	132	139
(inches)	30	32	34	36	38	40	42	44	47	50	53	56
Waist: (cm)	59	64	69	74	79	84	89	94	101	108	115	122
(inches)	23	25	27	29	31	33	35	37	40	43	46	49
Hips: (cm)	84	89	94	99	104	109	114	119	126	133	140	147
(inches)	33	35	37	39	41	43	45	47	50	53	56	59
Knitwear:	XS	XS	S	S	М	Μ	L	L	XL	2XL	3XL	4XL

\* SIZES 4 & 26 ARE OUTSIDE STOCK SIZE RANGE AND WILL INCUR A SURCHARGE.

## MENS MEASUREMENT GUIDE - SHIRT, JACKETS & KNITWEAR

SIZE:	XS	S	S	М	М	L	L	XL	XL	2XL	2XL	3XL	4XL	5XL
	36	37	38	39	40	41	42	43	44	46	47	48	49	50
Neck: (cm)	36	37	38	39	40	41	42	43	44	46	47	48	49	50
Chest: (cm)	92	94 - 97		99 - 102		104 - 107		109 - 112		117 - 119		122	127	132

## MENS MEASUREMENT GUIDE - PANTS & SHORTS

SIZE:	28	30	32	34	36	38	40	42	44	46
Waist: (inches)	28″	30″	32″	34″	36″	38″	40″	42″	44″	46″
Waist: <mark>(cm)</mark>	72	77	82	87	92	97	102	107	112	117